

GRANT APPLICATION COVER PAGE (Attachment A)
RFP DECAT FUNDING STREAM

Name of Applicant Organization: _____ISU/Mills County Extension_____

Address: P.O. Box 430, 415 Main St.
Malvern, IA 51551

Phone: _712-624-8_ Fax: ___712-624-8228___

Contact Person: Sherry Ford_____

Board of Directors Chairperson of Applicant: _Dave Anderson_

Is your organization

____ Private School

____ Public School

____ Private Not for Profit

___x_ Government/ Education

____ Private for Profit

____ Other _____

Tax Exempt Status [e. 501 C (3)]: _____

Federal ID#: _____42-6021454_____

Name of Project: ___ACES After School Program_____

Target Population of Project: _3rd – 6th grade youth__

Category _____ New Project

___x_ Existing Project

Total amount requested from Boost4Families

\$_____ \$24,303_____

In-Kind Contributions

\$_____ \$11,963_____

Other funding secured for this project

\$_____ \$2,550_____

TOTAL PROGRAM COST

\$_____ \$38,816_____

I certify that I am duly authorized to commit and assurances for the applicant, and therefore agree to comply with all the provisions of the Request for Proposal, and to the best of my knowledge, the information contained in this application is correct and complete.

Signature of authorized Officer/Director of Applicant

Date

Title

**RFP DECAT FUNDING STREAM
ACES AFTER SCHOOL PROGRAM
MILLS COUNTY**

Description of Organization

Mission and Purpose of ISU/ Mills County Extension:

ISU Extension builds partnerships and provides research-based learning opportunities to improve quality of life in Iowa.

ISU to Youth and 4-H creates supportive environments for culturally diverse youth and adults to reach their full potential. ISU Extension to Youth and 4-H is a leader in helping Iowa's youth become productive citizens and is a positive force to meet the changing needs of increasingly diverse and dynamic communities.

Amount of request

Funding request for the ACES program is \$24,303.

Project Description

ACES (Activities to Challenge and Enrich Students) is an after school program for elementary youth throughout Mills County. The program offers quality, safe, fun activities for youth after school. Adults plan constructive activities, supervise academic study time, and engage the youth in interactive games to help them develop relationships while learning social skills in a structured, yet informal environment.

Goals of ACES:

ACES will help youth:

- Have a safe place in which they can learn social skills along with increasing their academic knowledge and life skills
- abstain from illegal drugs, alcohol, tobacco, and violent behaviors
- develop a personal relationship with, and commitment to the community

Target Audience: 2nd-5th grade students are the primary audience. Scholarships are offered to help reach youth who would have difficulty paying for the program. ACES will involve some middle school and high school youth in leading and assisting with sessions.

(Strategies) These goals can be accomplished by:

- * Providing activities and curriculum that are interesting, hands-on and enhance learning
Youth can register for 5-6 week classes that are offered after school for a duration of 2 hours for each session. Each theme-based class is held one day a week for 5 or 6 weeks. This gives flexibility to families. They can commit to one day a week for 5 or 6 weeks, or they can sign up for two days each week. The varied themes allow students to select activities that interest them.
- * Establishing a code of conduct to be followed by all leaders and participants
- * Offering opportunities for positive social interaction through team games and activities
- * Giving youth quiet time to study in a relaxed atmosphere, with adult help

Location: Glenwood West, Malvern and Nishna Valley Elementary Schools
Schools will provide free use of their buildings for this program.

Days and Times:

Nishna Valley 2nd -5th grade youth will meet twice each week, 3:45 – 5:45 p.m.

Glenwood 3rd – 5th grade youth will meet twice each week, 3:15 – 5:15 p.m.

Malvern 3rd – 5th grade youth will meet twice each week, 3:30 – 5:30 p.m.

Sessions will center around themes every 5-6 weeks. Each session will include ½ hour of study time, ½ hour of social interaction, and 1 hour of curriculum that follows a theme. Regardless of the theme, the youth are given opportunities to complete homework and to get to know each other while participating in recreational games and activities.

A well-rounded curriculum assists the youth in developing each area of the Search Institute's Developmental Assets. Youth will continue to be given the opportunity to develop relationships with positive adult role models. Senior citizen involvement has helped intergenerational interaction to occur. Because the program is conducted at the school, it reinforces the idea that their school provides a caring, encouraging environment.

Community members will continue to be involved in this program as well. They will share their expertise with the youth and encourage them to become productive citizens in their communities. Therefore, youth will feel they are a valuable member of the community, gain confidence in personal abilities through their contributions and interactions, and develop a sense of responsibility toward themselves and others.

Academic growth can be achieved by individuals as they work on enrichment projects and sharpen their skills during the set study time. Increased learning beyond the normal school day will motivate youth to become actively engaged in learning.

Programming areas have been, and will continue to be, identified by parents and students. Regardless of the topics selected, the overall goals of the program are substance abuse prevention, increasing academic success, and encouraging positive social behavior.

Projected Outcomes of Project

1. Child Safety: Youth will be supervised 100% of the time, after school until 5:15 or 5:30 p.m. (the peak hours of experimentation, victimization, and high risk behavior)
2. Family Enrichment: Educate families in positive asset building through open house events and publications. For example, when art is the theme, parents are invited to attend an art show organized by the students and adult leaders.
3. Building Assets: Youth will increase number of personal assets through their interactions with staff, volunteers and community members. Guided activities will give students multiple opportunities to develop new skills that can be utilized throughout their lives. ACES will also engage youth in community service activities, again building a sense of commitment to their communities.
4. Improve study skills of students by devoting 30 minutes of each session to homework help. This will be done in collaboration with teachers who will help identify specific needs of students.

This program will assist in reducing child welfare expenditure and improve the lives and outcomes of area children and families by providing positive activities that are alternatives to at-risk behavior. They will also focus on building assets that will enable the youth to make more productive decisions in their lives.

Evaluation

Evaluation forms will be completed by youth and/or parents at the end of each six week session. These forms evaluate safety, development of relationships, skills learned, and other items taken from the 40 Developmental Assets. It will be expected that more than 60% of the participants and parents will answer the survey questions positively. For example, Do you (your child) feel safe at ACES? Did you (your child) make friends through ACES?

Numbers of participants are another indicator. The greater the number of youth in the after school program, the greater the number of kids who are in a safe environment during those high risk hours. A successful program will be one that serves an average of 35-40 students for each session. (20-25 students at Glenwood and 10-15 students at Malvern/NV) This past year, 176 different students participated in at least one 5-6 week ACES class.

Sustainability of Project

ACES will charge a participation fee of \$10 for each 5-6 week class. This fee is utilized to help offset costs, and makes it possible to plan for the future. Partial scholarships are provided to those families who request them. In the past, these scholarships have been provided through parent organizations, 4-H, and income from the fees.

Other grant dollars will be solicited if full funding is not received through DECAT dollars. If needed, ACES may also consolidate and just offer one location for participants in Malvern and NV.

In Glenwood, because 3rd grade students will be moved to West Elementary, ACES will only be offered at West Elementary for this year. Depending on funding and interest, we may either offer three days at the building, or keep it at two days.

If ACES is not fully funded, the program could function for a limited amount of time (possibly one semester), or it could function for the full year at fewer locations.

Several community groups and agencies have been involved in the ACES program. They will continue to support ACES by Providing volunteers, supplies and/or funds

- ISU/ Mills County Extension
- Glenwood Police Department
- Mills County Public Health
- Henry Doorly Zoo
- Mills Masquers Theater Group
- Newspapers
- All Mills County School Districts

- Mills County Sheriff's Department
- AEA 13
- Mills County Conservation Bd.
- American Red Cross RSVP
- Glenwood Veterinary Clinic
- many individuals – including high school students, business people,

Some of the themes from past ACES

Fizz, Bubble and Goo , Robotix™
Animal Antics, Theatre
Olympic Challenge, Child Care
Journalism, Science
Helping Hands, Funtivities Science
Nature, Entertainment and Etiquette
Arts & Crafts, Food Fun
Pets, Rocketry, Storytelling
Music, Fitness, Careers
Videography, Horticulture
Recreational Challenge, Photography
Batik Art, Radio

Subcontract Services: <i>Subcontract with other agencies</i> SUBTOTAL				Snacks donated by parents = \$500
Other: SUBTOTAL				
Indirect Cost (not to exceed 8%)				\$1,343
TOTALS	\$24,303		\$2,550	\$11,963

Attachment B

**BOOST4FAMILIES
CASS/MILLS/MONTGOMERY
Prevention, Early Intervention, and Family Well-Being Project
FY10 Request for Application**

Proposal Check List

Proposal Components

Proposal Page #

Cover Page (Attachment A)	x
Proposal Checklist (Attachment B)	x
Action Plan/Project Narrative	x
Budget	x
Budget Detail (Attachment C)	x
Budget Narrative	x

Applicant Name: ISU/Mills County Extension