

GRANT APPLICATION COVER PAGE (Attachment A)

Name of Applicant Organization: Cass County Memorial Hospital Home Care/Hospice

Address: 1500 E 10th St

Atlantic, IA 50022

Phone: 712-243-8006 Fax: 712-243-7416

Contact Person: Denise Coder

Board of Directors Chairperson of Applicant: Steve Sisler

Is your organization

Private School Public School

Private Not for Profit Government

Private for Profit Other _____

Tax Exempt Status [e. 501 C (3)]: government entity, see attached tax exempt letter from IRS

Federal ID#: 42-0921296

Name of Project: Circles4Success

Target Population of Project: Community members seeking more money, meaning, and friends in life

Category New Project Existing Project

Total amount requested from Boost4Families \$ 20,681

In-Kind Contributions \$ 4,449

Other funding secured for this project \$ 1,300

TOTAL PROGRAM COST \$ 26,430

I certify that I am duly authorized to commit and assurances for the applicant, and therefore agree to comply with all the provisions of the Request for Proposal, and to the best of my knowledge, the information contained in this application is correct and complete.

Signature of authorized Officer/Director of Applicant

Date

Director

Attachment B

Boost4Families RFP Application

"Every Child beginning at birth will be healthy and successful"

**BOOST4FAMILIES
CASS/MILLS/MONTGOMERY
Prevention, Early Intervention, and Family Well-Being Project
FY10 Request for Application**

Proposal Check List

Proposal Components	Proposal Page #
Cover Page (Attachment A)	1
Proposal Checklist (Attachment B)	2
Action Plan/Project Narrative	3
Budget	5
Budget Detail (Attachment C)	5
Budget Narrative	6

Applicant Name: CCMH Home Care/Hospice

PROGRAM NARRATIVE

Cass County Memorial Hospital (CCMH) Home Care/Hospice proposes to continue the Circles4Success for residents of Cass County. Contracted by the Cass County Board of Supervisors for public health functions, CCMH Home Care/Hospice consistently strives to achieve the Iowa Department of Public Health's **vision of healthy lowans living in a healthy environment.**

CCMH Home Care/Hospice is a leader in providing quality services for area residents. Its employees have excellent institutional resources which allow them to develop, implement and evaluate programs for a better community.

CCMH Home Care/Hospice is requesting \$20,681 to implement its Circles4Success program, intended to help families overcome poverty (poverty is defined by the program as a lack of money, meaning and/or friends).

Circles4Success meets weekly (the "community leadership team meeting"). Their meetings include standard agenda items, as well as agenda items contributed by members. Childcare is provided at no charge and food is always served. Food is generally contributed by members or the community. The members of the group determine the group's short, intermediate and long-range goals ("dream path") and then work together to meet them. In addition, individual members that are interested can create personal "dream paths". Various members of the group then contribute to individual dream paths, as well. Finally, the group outreaches to the community when needed to fulfill group and individual dream paths.

The Circles4Success Program targets participants that are willing to accept opportunity to give back to the community by sharing their unique gifts/talents (friendship and leadership). In the process, many participants find more money, meaning, and friends in their lives. Circles4Success also targets all community members who want to receive greater understanding about the issue of poverty in our community.

There are no income or other "requirements" for participation in the program. The only requirement is that the family desire to participate in the Circles community and show reciprocity in relationships. In addition, members are encouraged to use the "Dream Path" model (both as individuals and as a group) to identify dreams/goals by giving back gifts and talents to the community.

The program will focus its attention for families living in Atlantic, but will welcome other families within Cass County.

The primary goal of Circles4Success is to build stronger communities by helping to empower families with ways to achieve more money, meaning and/or friends needed to rise out of poverty situations. We know that poverty can be very stressful to families, creating generational issues that are very difficult to overcome. The program fits appropriately with the Empowerment goals of safe and supportive communities, and secure and nurturing families, as well as the Boost4Families goals of enhancing child

well-being, reducing the likelihood of child abuse, and promoting positive family and community relationships. The program's strategies and objectives to support these goals are as follows:

- ⇒ provide an environment where supportive and genuine friendships are naturally made,
- ⇒ establish Circles between members when both are ready ,
- ⇒ use the Dream Path to identify strengths and goals for each family/the group,
- ⇒ empower each Circle member to gain self-confidence and reach individual/group goals,
- ⇒ and reciprocate by giving back to the community using talents and strengths from the Circle.

Once funding has been obtained, the program will access resources evenly throughout the funding period to ensure sustainability throughout the fiscal year. Our organization cannot commit to sustainability past the currently-funded year, as we have more than twenty public health programs, each with annual grant funding that may or may not be available. The total budget for funded public health programming is nearly \$500,000 and this amount cannot be sustained annually by CCMH.

If this proposal is not fully funded, the project is not viable. The current funding provides .4FTE and it would be very difficult to operate the project with less time than that. We have not been able to identify another long-term funding source that would fully fund this project, and identifying multiple funding sources to fully fund the project is nearly impossible given the current economic situation.

To evaluate our success, we will collect and analyze data regarding the objectives listed above. Our participant intake forms are modeled after the Ames Circles4Support project. These forms collect participant information upon initiation of an individual "circle" match and at additional timepoints during participation. The information identifies increases in money, meaning and friends. In addition, participant surveys provide us with valuable information about the participant experiences. Our project maintains a scrapbook of personal "stories", valuable for further advocacy as well as a historical documentary about accomplishments. Our 2009 evaluation data is available upon request.

DETAILED BUDGET SAMPLE (Attachment C)

DESCRIPTION OF EXPENSES	PROPOSAL REQUEST	OTHER FUNDING (IDENTIFY SOURCE)	OTHER FUNDING (IDENTIFY SOURCE)	IN-KIND MATCH
Salaries: <i>.4 FTE, Facilitator</i> SUBTOTAL	11024			
Benefits: <i>(30% of salaries) FICA 7.65% IPERS 6.05% Work Comp 1.05% Other 15.25% Health, meals, retirement</i> SUBTOTAL	3307			
Training/Travel: <i>Registration fees</i> <i>Out of area travel</i> <i>In area travel</i> <i>.55 x 1000 miles</i> SUBTOTAL	2000 550			
Office Supplies: <i>Postage</i> <i>Printing</i> <i>Supplies</i> SUBTOTAL	100 200 300			
Program Materials: <i>Curriculum</i> <i>Participant materials</i> SUBTOTAL	2000	1300		
Equipment: <i>Rental</i> <i>Maintenance</i> SUBTOTAL				
Purchased Services: <i>Participant Transportation</i> <i>Facility rental</i> SUBTOTAL				
Subcontract Services: <i>Subcontract with other agencies</i> SUBTOTAL				

Other: SUBTOTAL	19481			
Indirect Cost (not to exceed 8%)	1200			4449
TOTALS	20681	1300		4449

Budget Narrative:

This budget reflects a reduction in our total request from FY09, as we are trying to reduce costs as much as possible since Empowerment/Decat expects cuts in funding. As we get more experience in this program, we also get a better idea of how to mobilize our community resources to reduce costs, accessing donations when possible. Fixed costs include coordinator salary and benefits.

Registration fees include costs for providing education and training to the coordinator as well as Circles participants (for example, Immersion training). Participant materials include costs for the community leadership team meetings. \$1300 in other funding represents donations of food to the community leadership team meetings from various individuals and organizations.

All administrative and office support costs are covered in the Indirect costs. CCMH has recently conducted a cost analysis and our indirect cost rate is 29%.