

GRANT APPLICATION COVER PAGE (Attachment A)

Name of Applicant Organization: Mills County Public Health

Address: PO Box 209

Glenwood, IA 51534

Phone: 712-527-9699 Fax: 712-527-4711

Contact Person: Julie Lynes, Family Centered Services Supervisor

Board of Directors Chairperson of Applicant: Richard Swenson, BOH Chair

Is your organization

Private School Public School

Private Not for Profit Government

Private for Profit Other _____

Tax Exempt Status [e. 501 C (3)]: Tax Exempt due to Governmental Status

Federal ID#: 42-6004708

Name of Project: Mills County Parents and The Law

Target Population of Project: Mills County At-Risk Teens

Category New Project Existing Project

Total amount requested from Boost4Families \$ 5,000.

In-Kind Contributions \$ 550.

Other funding secured for this project \$ _____

TOTAL PROGRAM COST \$ 5,550.

I certify that I am duly authorized to commit and assurances for the applicant, and therefore agree to comply with all the provisions of the Request for Proposal, and to the best of my knowledge, the information contained in this application is correct and complete.

Signature of authorized Officer/Director of Applicant

Date

Agency Administrator

Title

Attachment B

**BOOST4FAMILIES
CASS/MILLS/MONTGOMERY
Prevention, Early Intervention, and Family Well-Being Project
FY10 Request for Application**

Proposal Check List

Proposal Components	Proposal Page #
Cover Page (Attachment A)	Pg. 1
Proposal Checklist (Attachment B)	Pg. 2
Action Plan/Project Narrative	Pg. 3
Budget	
Budget Detail (Attachment C)	Pg. 6
Budget Narrative	Pg. 7

Applicant Name: Mills County Public Health – Family Team Meetings

1. FUNDING REQUEST
Description of organization.

Mills County Public Health was established in 1972 to serve the residents of Mills County in various capacities. The mission of the Family-Centered Services Department at Mills County Public Health is to provide compassionate, respectful and innovative services which strengthen and support families and our community. Melody Ragland will facilitate the Teens, Parents, and the Law (TPAL) program. Melody has over 9 years of experience in the public health setting, working with families and individuals with diverse needs.

Amount requested.

\$5,000.00

Purpose of request - What is the goal your project hopes to achieve?

Goals of Teens, Parents, and the Law (TPAL) include the following:

- To strengthen families;
- To lower the incidence of child abuse in the home by empowering teen parents with knowledge about the law;
- To break the cycle of violence with this generation of parents;
- To make better citizens and parents of those who are already teen parents; and
- To decrease the percentage of teen parents among the next generation through the ability to make better informed decision and to solve problems.

Much of the success of this law-related education program depends on the involvement of “pro-social” adults or role models. In our community, we have recruited lawyers, judges, police officers and other professionals to be “Pals” for TPAL classes.

Project Description in Detail.

Teens and the Law (TPAL) works with existing programs to strengthen families, prevent child abuse, and increase advocacy through law-related education. This program complements programs for young parents and at-risk teens by providing the missing links – knowledge about the law, community resources and the skills to strengthen families. The TPAL program strengthens existing programming for adolescents in two ways by:

- 1) Providing information about the law which is typically missing in existing programs; and
- 2) Developing resiliency skills and linking participants to supportive community resources. The Teens and the Law program has the ability to be taught as a separate class or integrated into existing programs.

The TPAL Program implementation design enables sites to adapt the program to meet individual needs and maintain the program for years to come. Adapters can teach the 23 lessons as a separate class or select from the menu of 23 lessons. The program’s curriculum is shown to have an impact on attitudes, knowledge, and skills of the program participants.

Young parents/at-risk youth face tremendous challenges, often without the support systems necessary for developing positive, nurturing families. These challenges include a culture of violence; the lack of living wage jobs and affordable, safe daycare; the feminization of poverty; and decaying public school systems. The implication of kids having kids, in many instances without adequate support, is unsettling. As a society, we must concern ourselves with teaching this new generation of parents the skills they need to strengthen families and raise healthy, non-violent children.

Research has identified a series of risk factors that correspond to a teen's propensity to act violently or to be a victim of abuse. Only a small percentage of teens ever have contact with the juvenile justice system. Yet, today's teenage children of yesterday's teenage parents make up a shockingly large proportion of violent juvenile offenders. Society risks fostering successive generations of violence without a comprehensive response. The Teens and the Law Program should be included in this comprehensive response.

Target population.

Young parents and at-risk teens live in a law saturated society and need to know how the law can protect their families and promote their self-sufficiency. Teaching them law – through educational strategies that enhance their life skills and community bonds – is an important piece in the response to the multi-faceted problems of at-risk youth.

The TPAL Program provides an opportunity for teens that are in an “at risk” environment to decrease the likelihood that violence will occur both in and outside the home or continue with the next generation. The TPAL curriculum addresses four critical risk factors that may lead to a greater propensity for violence:

- Lack of resiliency (problem-solving, communication, cooperation and empathy skills).
- Poor family management practices and family discord.
- Parental attitudes supporting abuse-prone discipline.
- Under-utilization of community services.

Effect action will have on need, problem, or opportunity – What will be the project outcome?

The Teens and the Law Program offers an opportunity to develop the skills and knowledge necessary to move toward a more productive life. The TPAL program provides a chance to reinforce the skills and knowledge necessary for strengthening families. Lessons are delivered using instructional strategies that develop the skills parents need to use new information and access community resources. Moreover, community resource people are integrated into lessons to help reinforce positive youth development.

At-risk youth who successfully complete the program will be better able to:

- Communicate, solve problems, and manage conflict at home and in the community.
- Identify laws that govern, protect and strengthen the family.
- Analyze and determine non-abusive methods of discipline.
- Access community resources aimed at strengthening families.

Strategies employed to implement the project.

Mills County Public Health would like to offer the Teens and the Law Program to adolescents, teen parents and at-risk youth. The course would offer participants 25-weeks of courses to take place once a week for two hours. Locations for these classes would include the Glenwood Alternative School as well as Malvern Alternative School. The sessions would provide

instruction, as well as healthy interactions and an opportunity to access needed information. During this course we would offer young people information on laws, parental expectations and problem solving skills. The course would also provide a link to community supports such as legal aid, addiction counselors, law enforcement personnel and attorneys.

Description of how organization will sustain this program once grant funds have been spent.

Grant funds are crucial to pay for basic staffing and operational expenses.

If project is not fully funded, is the project still viable and at what minimum amount?

Fewer classes could be taught. We could rotate alternate years at the Glenwood and Malvern Alternative Schools.

2. EVALUATION

Discuss how you will know if you are successful.

Collaboration will occur through multiples agencies including Glenwood Alternative, Malvern Alternative, Juvenile Justice, Legal Aid Services, Mills County Courthouse, ISU Extension, West Central Development Corporation, Tobacco Coalition, Court Administration, Boost4Families, local Attorneys and Law Enforcement. These agencies will assist us by promoting programming and assisting with presentations.

How will you measure this?

The success of this project will be determined by evaluation of the number of teens participating in class sessions. We will also be conducting pre and post educational surveys for all formal education opportunities. These surveys will indicate a minimum of a 70% improvement in knowledge level for participants.

DETAILED BUDGET (Attachment C)

Mills County – Teen Parents and the Law | 2010

DESCRIPTION OF EXPENSES	PROPOSAL REQUEST	OTHER FUNDING PUBLIC DONATIONS	OTHER FUNDING (IDENTIFY SOURCE)	IN-KIND MATCH MILLS COUNTY PUBLIC HEALTH/MULTIPLE SOURCES
Salaries: .07 FTE – FCS Worker 150hrs @ \$17.78/hr SUBTOTAL	\$ 2,667. \$ 2,667.			
Benefits: FICA, IPERS, Ins. SUBTOTAL	\$ 381. \$ 476. \$ 857.			
Training/Travel: Registration fees Out of area travel In area travel SUBTOTAL				
Office Supplies: Postage Printing Supplies SUBTOTAL	\$ 300. \$ 300.			\$ 50. \$ 100. \$ 150.
Program Materials: Class Supplies Incentives SUBTOTAL	\$ 676 \$ 200. \$ 876.	\$		\$
Equipment: Purchase Rental Maintenance SUBTOTAL	\$			
Other: Mileage – 625 mi..48/mi Transport to class/home visits. SUBTOTAL	\$ 300. \$ 300.	\$ \$		
Indirect Cost (not to exceed 8%)		\$		\$ 400.
TOTALS	\$ 5,000.	\$		\$ 550.

Budget Narrative:

Salaries –

This project will utilize 150 hours of staff time (Family Centered Services Worker) at an average cost of \$17.28 per hour. – **\$2667.**

Fringe Benefits –

2010 expenses for FICA/IPERS total 14.3% of the wage/hour – **\$381.**

Health Insurance Costs have been prorated at .07 FTE expense. - **\$476.**

Training/Travel – There will be no anticipated training costs for this project.

Office Supplies – Supplies include printing, paper, folders, postage expenses - **\$450.**

Program Materials –

Supplies – Refreshments are provided at each class session. - **\$676.**

Incentives – Gas Cards are provided as incentives - **\$200.**

Other –

Mileage – travel to class site or home visit site. We estimate 625 miles at .48/mi (Mills Co. reimbursement rate) - **\$300.**

Indirect Cost –

8% indirect costs have been allowed for this project including office administrative costs and supervisory/clerical staff support. - **\$400.**